



Grace and peace to all of you from our Lord and Savior.

1 Peter 5:6-7: "Humble yourselves, therefore, under the mighty hand of God so that at the proper time He may exalt you, casting all your anxieties on Him, because He cares for you."

Anxiety can creep into our lives sometimes in the most indirect ways. On other occasions though, worry can penetrate into us so deeply if affects our ability to accomplish the things we want to do. When those times arrive, there are myriad things you can do to restore your mental and spiritual equilibrium. First, obviously, is through prayer. Finding a quiet space and humbling yourself before the Lord always comes with



Our Christian sympathy is extended to the family of Jack Parker. Jack passed away on Monday, June 3. His funeral service will be here at Cook's this Friday, June 7, with visitation with the family from 11:30am-1pm in our sanctuary, followed by the funeral service at 1pm, also in our sanctuary. Family burial will follow at Elmwood Cemetery. Please remember his family in your prayers during this time of loss.

Prayer Requests:
Cook's Church/Playschool, family
of Jack Parker, Sara Yarbrough
(Huntersville Health & Rehab, Rm 223, 13835)

substantial benefits and none are more obvious than in the assuagement of worry. As we deepen our prayer life, we will find our worries creeping away, slowly but surely. To amplify the effects, consider spending time in Christian meditation. Reading over the Word, focusing just on a verse or two is a great way to increase your dedication to the Lord and remove your fears at the same time. Many a Christian, in the dark night of the soul, has turns to God in prayer and meditation to discover healing and relief. Finally, breathing exercises can help diminish anxiety when it becomes paralyzing. Just finding the fortitude to take four deep breaths in a time of crisis can do wonders to restore clear thinking. Use these tools as fear and anxiety find their way to your doorstep. In the name of our Lord Jesus Christ, **Pastor Jason**

New 'Prayer Team' Meeting

As Cook's Church continues to push forward out into the community, we've launched a 'Prayer Team' that will help lead our church in this vital area. The Team is learning how to pray with people with the idea of training volunteers to pray deeply for the ongoing needs of our church and our visitors. Our 'Prayer Team' will take part in our worship service by providing prayer leadership following the service. This is a vital and wonderful time so get on board **now**. The *last* Prayer Team Training meeting will be held THIS Sunday, JUNE 9, @ 4:30pm in Rm #113 and will last about an hour. If you'd like to know more about our new Prayer Team, contact Kay or James Harper at 980-275-2075 or 704-614-3550.

Cook's Cares

I've (Pastor Jason) been leading the

Boren St, Huntersville, 28078), Pat Hager, Jill Griffin (Select Specialty Hosp, 1121 Elm St, Rm 5E28, Greensboro, 27401), Donnie Thompson (now home), Dale Luckey, Johnnie Quinn & family (death of brother, Andy), Linda Lynn, Charlie & Debbie McCrary, Jack McClure, Dennis & Debbie Abernathy, Jerome Abernathy, Ginny Dunn (visitors welcome! @ The Laurels, Rm #D202, 704/249-0374c), **Steve** (visitors welcome! @ Univ Nursing & Rehab, Rm 602A) & Sharon Gilmore, Nancy & Richard Smith, David Luckey, Brenda Burge, Debbie White, Nicolas Wilson (grandson of Ed & Nancy Wilson-brain tumor), Joe Picard, Betty McClure, Jo Price, Jack Byers, Judy Rozzelle, Kurt Hollar, John Park, Melody Mathews, Michael Matrone, Judy & Richard Bogan, Lisa Roth, Colette Roberts, Gloria Ricker, Brian Zuercher, Clay Hodge, Debbie Cole, Dinah Riggs, Steve Johnston, Tom Lineberger, Tom & Kit Fisher, Carol Calhoun, KCH/Kenya, Cook's Homebound mbrs/Active Military personnel, victims of mass shootings/ nat'l disasters, those with ongoing illnesses/grieving the loss of a loved one, and the many others whose name(s) are not listed here but are in need of our intercessory prayer {*Names on for 4 wks - please let the church office know if they still are in need of addt'l prayer. If a name has been removed and is still in need of add't prayer, please contact the church office and we'll

Homebound List: Jill Griffin, Sara Yarbrough, Steve Gilmore, Allyne Gant

be glad to put them back on the list.}

Soldier List: Austin McCrary, Clara DeFeo, Turner Salm, Anne Ledford, Eddy Self, Andy Dula, Chris Dula, Seth Seal, John Makahilli Jr., ALL Vets & families.

Please pray for all daily; to make changes to any of these lists, contact the church office @ 704/399-7735.

* WE NEED YOUR HELP

TO BE ABLE TO MINISTER TO YOU!

Please don't hesitate to notify the church office (704-399-7735 /

first of what I hope will be many live and online classes under the banner, "Cook's Cares." This campaign has begun with 'my cooking classes' on Sundays at 3pm. There we'll prepare some form of food that highlights culinary-school level cooking with affordable ingredients found at your local grocery store. But the concept "Cook's Cares" is far broader. **To that end, I'd like you to begin thinking about a class that you might teach to assist people.

Perhaps you've got some knowledge

Perhaps you've got some knowledge of plumbing, construction, car repairs, personal bookkeeping, etc. that could help people successfully manage life. Again, focus on techniques or things that you do or can accomplish that would offer a benefit to someone else. Just let Pastor Jason know (jason@cookschurch.org / 704/607-4162) and we'll work from there to potentially schedule a class. In the meantime, do come out on THIS Sunday, June 9, and then the 23rd & 30th, etc. {Pastor Jason will be on vacation on 6/16}, at 3pm in the Fellowship Hall kitchen to learn how to make some great dishes!

{Join us this Sunday at 10am for a sermon from Pastor Jason on **'Pentecost, Acts 2'** (Acts 2:14-24)!}

Thank you to all that have graciously made an additional contribution to our church since the first of last year. It is very much appreciated. Please note, our financial need remains this year. If you have available funds, please consider making an over-and-above contribution to our general fund. Thank you for considering this request.

office@cookschurch.org)
or Pastor Jason Bryant
(704-607-4162 /
Jason@cookschurch.org or
jaydbryant@gmail.com) of any
deaths, sickness, surgeries,
births, etc. that you and/or a
family member may be
experiencing so that we can let
our Elders and Deacons know
so that they can minister to you
and/or your family.



Looking for a class that will help you grow in your knowledge of what God's Word is saying to

each of us? You are
always invited to join us at
one of our Sunday School
classes (for all ages!) each
Sunday at 9am to study His
Word and what it means for
our daily living!
For more info, contact Paige

Benson at 704/488-7417.

** The '<u>Viewpoint Sunday</u>
 <u>School Class</u>' will meet
 <u>this</u> Sunday at 9am in Rm
#207 - all adults are invited
 to attend!

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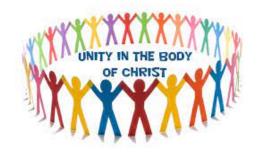


Please be sure to join us this coming Saturday, JUNE 8 for Cook's 'AUTO SHOW' in our parking lot...registration will be from 8:30-12, and showtime will be from 9am-2:30pm. Spread the word to our community to join us as we 'stroll down memory lane'! Admission is free; Cook's Men will be selling lunch items and our Presbyterian Women will be selling 'baked goods" (BAKERS - we need your donations of baked goodies and they can be brought to FH THIS Friday, June 7, from 4:30-6;30pm); and awards will be given in several categories! For more information on this event, contact Dwight Black (704-996-6198) or Dolores Greene (704-975-7609). (Rain date will be June 15 if



needed.)

UPCOMING EVENT TO PUT ON YOUR



**Please note that our

"Fellowship on the
Lawn" will now be held
outside in front of our
sanctuary unless it's raining
(will set-up in the Ed Bldg lobby
if weather is bad)...please join
us after worship to
fellowship with your
brothers & sisters in
Christ and enjoy a quick
treat while you do!



"Promises We Can Count On" Adult Bible Study!

This study is being led by Fred Cox and Pastor Jason and they would love for <u>ALL Adults</u> to join them <u>each Sunday</u> (June 9, 23, 30) at <u>6pm</u> in our sanctuary!

CALENDARS!

***JULY 27 – {One Day} VACATION BIBLE SCHOOL,

10am-2pm in our Ed Bldg
basement for 4 yr old through 5th
grade...games, crafts, music,
Bible Story, lunch and more!

Start spreading this information
and invite any children you
know to come!

More details to follow!

CHECK THIS OUT!



For more details on ALL of our upcoming church events, be sure to 'check out' our website (www.cookschurch.org) & Facebook page, as well as the Thurs eNews and mailed newsletter!



SUMMER CEREAL DRIVE

At the grocery store last week, I was astounded by the increase in prices of many common items. According to Mecklenburg County's website, "Nearly 15% of Mecklenburg County's households are considered food insecure, which means they have a reduced quality and variety of diet, may eat less, and eating patterns are disrupted due to lack of money and resources." We are planning to start a 'BREAKFAST CEREAL DRIVE' during the months of June, July &



Please note: we are 'trying out a **NEW** procedure' for the receiving of your tithes and offerings to Cook's **Church** – we will have 2 offering plates available near the altar and 2 offering plates available in the Narthex every Sunday for your donations which can be put in either plate before and/or after worship each week, OR you can use our new 'QR code' that will be in our bulletin and also on the yellow card in the pew rack to make a donation, OR if you prefer, online giving (contact Ginger Thompson, our Treasurer, for details on that option - 704/562-7558). If you have any questions, please see Pastor Jason. As always, we thank you for supporting Cook's Church!



*Anyone who would love to
"make a joyful noise unto
the Lord" is invited to join
Cook's Adult Choir! Contact
Clayton for questions at
claydeacon@gmail.com.
**Cook's NURSERY is
available each week (for SS at
9am & worship at 10am) for
our youngest members, ages
birth thru 4 yrs old!

...that <u>IF</u> your picture is posted

August. The idea is to 'collect boxes of cereal and deliver to Nourish Up (food bank) after creating a fun 'domino chain' through our sanctuary as a visual memory for the children.'

Your donations of 'new' boxes of cereal can be placed in the collection bins in the Narthex & the Ed Bldg lobby during these 3 months. Please help with this project if you are able. Thanks, Audrey Brady

COMMUNITY DINNER

June's **COMMUNITY MEAL** will be on **Thursday**, **June 13**, from 5-6:30pm at Hillcrest Baptist Church. The menu will be chicken pie, salad, fruit & dessert. *Please invite your friends & neighbors to come with you to enjoy this delicious meal and some wonderful fellowship!*



'2024 Flower Calendar' dates that are AVAILABLE:

If you'd like to supply our sanctuary flowers in honor and/or in loving memory of a loved one, these dates are available at this time: June 30;



in our online church directory (to access go to

ww.cookschurch.org and at the very bottom of that page you will see "Church Directory"...click on that button), you can go into your information and make changes such as address, phone #'s, if in military past or present, the different groups you have been a part of at the church, etc. If you have any problems and/or questions on how to do so, please contact Gaye List at gayelist@gmail.com. Also, if your picture (or families') is not currently in our directory, please send a photo to the church office (office@cookschurch.org) and we'll see about getting it and your information included asap!

NEWS FROM FINANCE MINISTRY

The Finance Committee would like you to know that we now have another way to donate funds to Cook's Church...you can use the QR code above, or your debit/credit card and that "app" is available to download from our website... www.cookschurch.org. If you have any questions, call Ginger Thompson, Treasurer @ 704/562-7558.

Sept. 15. Contact the church office if you'd like to reserve a date!



Cook's MONTHLY MEETINGS:

Cook's **SESSION will meet on the **2nd Sunday (THIS Sunday, June 9)** of each month at <u>7pm</u> in Rm #113.

**<u>ALL LADIES</u> are invited to join our Presbyterian Women's <u>CIRCLE</u> <u>meeting</u> which will resume on the <u>second Tuesday of September</u> at <u>10:30am</u> or <u>7:00pm</u> in Rm #113 in the Ed Bldg. Contact Pede Self with questions at 704/516-1753.

Cook's MEN OF THE CHURCH will have their monthly breakfast meeting on the third Sunday of each month at 7:30am (Ed Bldg lobby) and ALL MEN at Cook's are invited to attend! Contact Dale Luckey with questions at 704/309-0798.

Cook's **PROPERTY Ministry**normally meets on the **second Thursday** of each month at <u>6:30pm</u>
in Rm #113 - check with Neal Hager
to see when they will meet again.

Cook's MISSION Ministry meets on the <u>first Friday</u> of each month at <u>10:00am</u> in Rm #113...contact Fred Cox with guestions at 980/288-3307.

Cook's **WORSHIP Ministry** meets on the <u>first Thursday</u> of each month at <u>2:00pm</u> via Zoom and/or in the church office...contact Denise Vead for details at 704/564-8030.



The Digital Ministry of Cook's is working on all things that you need to stay connected with Cook's as well as resources to grow in your faith. Check out our REFRESHED website - CooksChurch.org. Join us today and be a part of our online community!

** We're now on 'Instagram' so be sure to check it out and "Like" and share!



Cook's Church has a FACEBOOK page!
Come check us out and stay connected!
www.facebook.com/pages/Cooks-Memorial-Presbyterian-Church

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SERMONS:

Did you miss worship this past Sunday? Do you ever want to listen to a recent sermon again? Recent sermons from Sunday morning worship can be found on the Cook's Church website! Cook's **FINANCE MINISTRY** meets on the **fourth Sunday** of each month at <u>11:15am</u> in Rm #113. Contact Joe Thompson if you have any questions at 704/399-8837.

Click here: www.cookschurch.org/sermons

Have you read your recent church newsletter? Recent issues of our Cook's Communicator can be found on our church website!

Click here:

www.cookschurch.org/newsletters

Contact Us!

Pastor Jason Bryant
jason@cookschurch.org
Church Office
office@cookschurch.org
Cook's Playschool

cooksplayschool@gmail.com

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